



Mirror, Mirror

After watching the *JA Economics for Success* Session 1 volunteer video, reflect on the lesson and review the concepts and vocabulary. Complete the following activity. You may also be assigned the skills practice or choose to practice it on your own.

Think About It:

- What image do you project to the public? Is it different from your at-home image?
- What kind of professional image would you like to convey?
- What character traits do you think you have that other people appreciate?
- What are your strengths, interests, and values?

Try It:

Compare your personal and professional images. Check off the boxes as you finish your work.

- Separate a sheet of paper into two halves.
- Label one side Personal Image, the other side Professional Image.
- Think about your strengths, skills, interests, and values; and record how you think you portray yourself.
- Draw your private self and your public self; or use a word processing document, and copy and paste images onto each side. Then use words or sentences to express the meaning.
- Share the comparison you've made with a teacher, friend, or family member.

Practice Your Skills:

Create a Venn diagram using words that describe your personal and professional strengths and values, and where they overlap. Are certain qualities or skills more useful or desirable in one domain than the other? Be honest with yourself. Are there ways that you behave professionally (at work or school, or in clubs or organizations) that you could improve? Do you have personal qualities that would benefit your professional image?